Announcement

V International Cup of Mayor of Konstancin-Jeziorna
Słomczyn 13 – 14 September 2014
ROLLER SKATING TRACK IN SŁOMCZYN

Organizer:
Uczniowski Klub Sportowy Zryw – ul. Wilanowska 218, 05-507 Słomczyn
tel.: +48601317734 e-mail: dyrektor@slomczyn.edu.pl
Gminny Ośrodek Sportu i Rekreacji w Konstancinie - Jeziornie, ul.
Stefana Żeromskiego 15, 05-510 Konstancin-Jeziorna,

Categories:
Senior (1994 and older),
Junior A (1995 - 1996),
Junior B (1997 - 1998),
Cadets (1999 – 2000),
Junior C (2001 - 2002),
Junior D (2003 - 2004),
Junior E (2005 - 2006),
Junior F (2007 – and younger),
Senior AK 30 (1984 - 1975)
Senior AK 40 (1974 -1965)
Senior AK 50 (1964 - and older)

Entries: Preliminary Entry – number of competitors and the categories must be sent not later than 9.09.2014 If you would like to book a hotel room, please send your entry as soon as possible.

Final Entry- must be sent not later than 10.09. 2014.

Mailing address: UKS Zryw
ul. Wilanowska 218,
05-507 Słomczyn Poland
e-mail: dyrektor@slomczyn.edu.pl
tel.: +48601317734
fax: +48 22 754 44 10

Entries must include: first and last name, date of birth, age category, name of the club as well as name, surname and contact to the team leader. Determined date of category division is 31.12. of regular calendar year.

Entry Fee: Category from Junior F – Senior €10 (40 PLN) per skater.

Accommodation: Camping within the school’s premises and along the line track is free. It is also possible to order meals at the track: breakfast 4€ (16zł.), lunch 6€ (24zł.) dinner 5€ (20zł.). Orders are taken before: 10.09.2014 e-mail: dyrektor@slomczyn.edu.pl

CENTRUM KONFERENCYJNO APARTAMENTOWE „MRÓWKA”
ul. Przekorna 33
02- 971 Warszawa
tel. 22/ 894 64 15
fax. 22/ 894 64 14
aziemska@cka-mrowka.pl
http://www.cka-mrowka.pl

HOTEL BOROWINA (***)
ul. Gruntowa 4, Borowina
05-520 Konstancin - Jeziorna
Tel: (+48 22) 201 19 99
Fax: (+48 22) 201 19 88
Recepcja hotelu
We offer our help with booking the accommodation.

**Place:**
In line parabolic roller speed skating track:
Perimeter: 166m.; radius of curves 19,0m, elevation the outer curve edge 80cm.
Wilanowska Street 218, 05-507 Słomczyn, Zespół Szkół nr 4 w Słomczynie.

**Program:**
- **Saturday 13.09.2014**
  - warm-up 9.00 - 10.30
  - Opening Ceremony: 10.45
  - Start of competition – 11.00
- **Sunday 14.09.2014**
  - warm-up 8.00 - 9.00
  - Start of competition – 9.30
  - Awards Ceremony: 16.30

**Rules:**

**V International Cup of Mayor of Konstancin-Jeziorna**

Competition will be held according to the FIRS International Rules and according to the announcement of this competition.

**Classification:**
Each skater will receive points according to their finish place in a races. Competitor with the lowest number of total points wins. In case of a tie, the winner of the longest distance will be placed higher.

**Protests:**
Protests can be made not later than 15 minutes after the official announcement of the referee. Protest fee is 100 EUR and can be submitted to main referee. In case of dismissal of protest this fee will not be returned.
All participants must wear start numbers (on left and right leg and back). Skaters without start numbers will not be allowed to compete. The rental fee for a start number is 20 EUR (80zł.). This fee will be returned after the competition.

Distances:

Program

<table>
<thead>
<tr>
<th>Category</th>
<th>I day</th>
<th>II day</th>
</tr>
</thead>
<tbody>
<tr>
<td>senior ladies</td>
<td>500m, 10000m. ELIMINATION</td>
<td>1000m, 5000 POINT</td>
</tr>
<tr>
<td>senior men</td>
<td>500m, 15000m. ELIMINATION</td>
<td>1000m, 10000 POINT</td>
</tr>
<tr>
<td>junior A girls</td>
<td>500m, 10000m. ELIMINATION</td>
<td>1000m, 5000 POINT</td>
</tr>
<tr>
<td>junior A boys</td>
<td>500m, 15000m. ELIMINATION</td>
<td>1000m, 10000 POINT</td>
</tr>
<tr>
<td>Junior B girls</td>
<td>500m, 5000m. ELIMINATION</td>
<td>1000m, 5000 POINT</td>
</tr>
<tr>
<td>Junior B boys</td>
<td>500m, 5000m. ELIMINATION</td>
<td>1000m, 5000 POINT</td>
</tr>
<tr>
<td>Cadets girls</td>
<td>500m, 5000m. ELIMINATION</td>
<td>1000m, 3000 POINT</td>
</tr>
<tr>
<td>Cadets boys</td>
<td>500m, 5000m. ELIMINATION</td>
<td>1000m, 3000 POINT</td>
</tr>
<tr>
<td>Junior C girls</td>
<td>500m, 3000m. ELIMINATION</td>
<td>1000m, 1500 POINT</td>
</tr>
<tr>
<td>Junior C boys</td>
<td>500m, 3000m. ELIMINATION</td>
<td>1000m, 1500 POINT</td>
</tr>
<tr>
<td>Junior D girls</td>
<td>500m, 1500</td>
<td>300m, 1000m</td>
</tr>
<tr>
<td>Junior D Boys</td>
<td>500m, 1500</td>
<td>300m, 1000m</td>
</tr>
<tr>
<td>Junior E girls</td>
<td>500m, 1000m</td>
<td>300m</td>
</tr>
<tr>
<td>Junior E Boys</td>
<td>500m, 1000m</td>
<td>300m</td>
</tr>
<tr>
<td>Junior F girls</td>
<td>166m, 332m</td>
<td>300m</td>
</tr>
<tr>
<td>junior F boys</td>
<td>166m, 332m</td>
<td>300m</td>
</tr>
<tr>
<td>Senior AK</td>
<td>1000m, 1500m</td>
<td>2000m</td>
</tr>
</tbody>
</table>

*In case of a small number of participants a distance might be shortened or extremely changed into a distance for shared start. Decision on possible shortening of distances is made by the main referee.

Relay race will take place Saturday in following categories:

- Senior and junior A B, C cadets - 3000m
- Junior D - 1500m

Tomasz Kucza
PRESIDENT OF THE UKS ZRYW
+48 601 317734
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