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UKS "ZRYW"



Urząd Miasta i Gminy
Konstancin-Jeziorna



Announcement

VII International Cup of Mayor of Konstancin-Jeziorna Słomczyn 19 - 20 September 2015 ROLLER SKATING TRACK IN SŁOMCZYN

Organizer: Uczniowski Klub Sportowy Zryw – ul. Wilanowska 218, 05-507
Słomczyn tel.: +48601317734 e-mail: tk@uks-zryw.pl
Gminny Ośrodek Sportu i Rekreacji w Konstancinie - Jeziornie, ul.
Stefana Żeromskiego 15, 05-510 Konstancin-Jeziorna,

Categories:

Senior	(1995 and older),
Junior A	(1996 - 1997),
Junior B	(1998 - 1999),
Cadets	(2000 – 2001),

UCZNIOWSKI KLUB SPORTOWY "ZRYW"
PRZY GMINNEJ SZKOLE PODSTAWOWEJ NR 5 W SŁOMCZYNIE
PROWADZI SEKCJE
ŁYŻWIARSTWA SZYBKIEGO I WROTKARSKĄ

Junior C (2002 - 2003),
Junior D (2004 - 2005),
Junior E (2006 - 2007),
Junior F (2008 – and younger),
Senior AK 30 (1985 - 1976)
Senior AK 40 (1975 -1966)
Senior AK 50 (1965 - and older)

Entries: Preliminary Entry – number of competitors and the categories must be sent not later than 14. 09. 2015 If you would like to book a hotel room, please send your entry as soon as possible.

Final Entry- must be sent not later than 16.08. 2015.

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Entries must include: first and last name, date of birth, age category, name of the club as well as name, surname and contact to the team leader. Determined date of category division is 31.12. of regular calendar year.

Entry Fee: Category from Junior F – Senior €5 (20 PLN) per skater.

Accommodation: Camping within the school's premises and along the line track is free. It is also possible to order meals at the track: breakfast 4€ (16zł.), lunch 6€ (24zł.) diner 5€ (20zł.). Orders are taken before: 16.09.2015
e-mail: tk@uks-zryw.pl

**CENTRUM KONFERENCYJNO APARTAMENTOWE
„MRÓWKA”**

ul. Przekorna 33
02- 971 Warszawa
tel. 22/ 894 64 15
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aziemska@cka-mrowka.pl
<http://www.cka-mrowka.pl>

HOTEL BOROWINA (*)**

ul. Gruntowa 4, Borowina
05-520 Konstancin - Jeziorna
Tel: (+48 22) 201 19 99
Fax: (+48 22) 201 19 88
Recepcja hotelu

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DWÓR KONSTANCIN ***
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<mailto:recepca@konstancja.net.pl>
<http://www.konstancja.net.pl>

We offer our help with booking the accommodation.

Place: In line parabolic roller speed skating track:
Perimeter: 166m.; radius of curves 19,0m, elevation the outer curve edge 80cm.
Wilanowska Street 218, 05-507 Słomczyn, Zespół Szkół nr 4 w Słomczynie.

Program:

Saturday 19.09.2015	warm-up 9.00 - 10.30
	Opening Ceremony: 10.45
	Start of competition – 11.00
Sunday 20.09.2015	warm-up 8.00 - 9.00
	Start of competition – 9.30
	Awards Ceremony: 16.30

Rules:

V International Cup of Mayor of Konstancin-Jeziorna

Competition will be held according to the FIRS International Rules and according to the announcement of this competition.

Classification: Each skater will receive points according to their finish place in a races. Competitor with the lowest number of total points wins. In case of a tie, the winner of the longest distance will be placed higher.

Protests: Protests can be made not later than 15 minutes after the official announcement of the referee. Protest fee is 100 EUR and can be submitted to main referee. In case of dismissal of protest this fee will not be returned.

Start numbers: All participants must wear start numbers (on left and right leg and back) Skaters without start numbers will not be allowed to compete. The

rental fee for a start number is 10 EUR(40zł.). This fee will be returned after the competition.

Distances:

Program

VII International Cup of Mayor of Konstancin-Jeziorna		
Category	I day	II day
senior ladies	500m, 10000m. ELIMINATION	1000m, 5000 POINT
senior men	500m, 15000m. ELIMINATION	1000m, 10000 POINT
junior A girls	500m, 10000m. ELIMINATION	1000m, 5000 POINT
junior A boys	500m, 15000m. ELIMINATION	1000m, 10000 POINT
Junior B girls	500m, 5000m. ELIMINATION	1000m, 5 000 POINT
Junior B boys	500m, 5000m. ELIMINATION	1000m, 5 000 POINT
Cadets girls	500m, 5000m. ELIMINATION	1000m, 3 000 POINT
Cadets boys	500m, 5000m. ELIMINATION	1000m, 3 000 POINT
Junior C girls	500m, 3000m. ELIMINATION	1000m, 1 500 POINT
Junior C boys	500m, 3000m. ELIMINATION	1000m, 1 500 POINT
Junior D girls	500m, 1500	300m, 1000m
Junior D Boys	500m, 1500	300m, 1000m
Junior E girls	500m, 1000m	300m
Junior E Boys	500m, 1000m	300m
Junior F girls	166m, 332m	300m
junior F boys	166m, 332m	300m
Senior AK	500m, 1500m	1000m, 3000m

*In case of a small number of participants a distance might be shortened or extremely changed into a distance for shared start. Decision on possible shortening of distances is made by the main referee.

Relay race will take place Saturday in following categories:

Senior and junior A B, C cadets - 3 000m
 Junior D - 1500m

Tomasz Kucza
 PRESIDENT OF THE UKS ZRYW
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